

From the Principal

A young woman went to her mother and told her about her life and how things were so hard for her. She did not know how she was going to make it and wanted to give up. She was tired of fighting and struggling.

Her mother took her to the kitchen. She filled three pots with water. In the first she placed carrots, in the second she placed eggs and in the last she placed ground coffee beans.

She let them sit and boil without saying a word. In about twenty minutes she turned off the burners. She fished the carrots out and placed them in a bowl. She pulled the eggs out and placed them in a bowl. Then she ladled the coffee out and placed it in a bowl. Turning to her daughter, she asked, "Tell me, what do you see?" " Carrots, eggs and coffee", she replied.

She brought her closer and asked her to feel the carrots. She did and noted that they were soft and mushy. She then asked her to take an egg and break it. After pulling off the shell, she observed the hardened egg. Finally she asked her to sip the coffee.

The daughter smiled as she tasted its doop flavour and inhaled its rich arems. The

The daughter smiled as she tasted its deep flavour and inhaled its rich aroma. The daughter then asked, "What is the point, mother?"

Her mother explained that each of these objects had faced the same adversity – boiling water – but each reacted differently. The carrot went in strong, hard and unrelenting. However, after being subjected to the boiling water, it became weak. The egg had been fragile. Its thin, outer shell had protected its liquid interior, but after sitting in the boiling water, its insides became hardened. The ground coffee beans were unique, however. After they were in the boiling water, they had changed the water.

"Which are you?" she asked her daughter. "When adversity knocks on your door, how do you respond? Are you a carrot, an egg or a coffee bean?"

Think of this: Which am I? Am I the carrot that seems strong? But with pain and adversity do I wilt and lose my strength? Am I the egg that starts with a malleable heart, but changes with the heat? Does my shell look the same, but on the inside I am bitter and tough with a hardened heart? Or am I like the coffee bean? The bean actually changes the hot water – the very circumstance that brings the adversity, the pain, the hardship – into something quite wonderful. When the water gets hot, it releases its fragrance and flavour. If you are like the bean, when things are at their worst, you get better and change the situation around you for the better.

When the hours are the darkest and trials are their greatest do you elevate to another level? How do you handle adversity? Are you a carrot, an egg or a coffee bean???

(Author unknown)

Awards Might

A reminder that our Awards Night will be on tonight, Thursday 20 October, in the Marian commencing at 6.30 pm. This is a significant event in our school calendar and a chance to highlight and celebrate the great achievements of our students. All students in Years 7 – 12 are expected to be in attendance. We ask that students and parents arrive and are seated by 6.20 pm.

As a sign of respect to the students receiving awards we ask that parents and students remain for the duration of the ceremony. The evening is anticipated to conclude by 8.30 pm. Students are to





Good News

Kath Hore - Mission & RE Support Officer

Please Note: Chanel's SOS Mass and Youth Group for 23 October has been rescheduled and will now be a Parish Mass at Chanel College on 27 November.

Second Hand Uniforms

The second hand uniform 'shop' is open each Wednesday at first break (during the School Term). Money raised supports the work of various missions both nationally and internationally.

If you have uniforms your child no longer requires - all donations are gratefully accepted and many thanks to those who have already sent in donations.

Service to the Community - St Vinnies Buddies Day

Last Sunday eight 'big buddies' joined with four 'little buddies' for a fun day at East Shores and together had a great time playing on the playgrounds, splashing in the water feature and enjoying a pizza lunch. This is a wonderful outreach for our students and very rewarding for all involved. Many thanks to the big buddies, who cared for the little buddies keeping them engaged and happy.

Mission Month

Theme for 2016 "Just as you did it to one of the least of these, you did it to me", focuses on the lives of children in Cambodia who cannot gain an education in the hope to break the cycle of poverty, because their families live in poverty.

Why a whole month? Mission Month lasts the whole of October to bring more awareness to Jesus' mission of creating a world where all can live a fully dignified life and this mission is central to the Catholic Church. The whole month has been dedicated to reflection in the hope that all the baptised will be more committed to Christ's mission of salvation for the world.

Together we can help the children in Cambodia, and throughout the world, grow up to be fully alive, and achieve their dreams of a positive and hope-filled future. For more information and activities visit http://www.catholicmission.org.au/wmm/about-wmd

Thursday Mass

Thursday 27 October – Mrs Botica's Year 8D RE Class
Mass is celebrated in the College Chapel at 10.40 am each Thursday. *ALL WELCOME*





Please Pray for ...

- The sick and suffering in our world, especially people in our community
- Children in our world who are living with the constant threat of violence and in poverty
- The work of the Church helping the marginalised and disadvantaged people in many areas of the world

Praise and Thanks for...

- Civilians and defence personnel working to rebuild lives and to bring peace, unity and justice in many parts of the world.
- People in our local community giving tirelessly to protect and help others
- Individuals and organisations who diligently work to alleviate poverty and inequality in our world.

If you have any requests for either of the above prayers, please leave your request at the Office.

2017 Leaders Retreat

Over Monday and Tuesday this week, the future 2017 leaders travelled to Tanyalla for a retreat which provided opportunities to unite as a leadership cohort and plan for next year. Through this experience, many friendships and connections were formed and creative ideas for the future of Chanel were brainstormed. If the plans made already are any indication of what's to come, it's safe to say that the future of Chanel during next year is looking very bright! The cohort participated in team building activities, being granted responsibilities and



trust from the teachers who attended - something we all need during the course of next year.

We'd like to thank Mr Rose and Mrs Hore for taking us on the retreat and to Ms Volp, Mr Hayes and Mrs Logan for their input and insights to leadership on Monday night. Without these people, this opportunity would not have been at all possible. The 19 students who attended the retreat are very excited for the things to come next year and to leave behind a legacy which will hopefully be remembered for a very long time to come.

Samantha Green 2017 College Captain

Donate for Life

As part of the Life Skills program this term, guest speakers have been welcomed to the College to talk to year 12s about a variety of issues that occur within our community. On Tuesday, we welcomed Jo from Donate Life and Tracey Slatter, a double



donatelife



lung organ transplant recipient. Students learnt about organ and tissue donation and Tracey shared her emotional story about her transplant journey with students. Jo and Tracey encouraged students to continue the conversation at home.

http://www.donatelife.gov.au/







NYSF Orientation Dinner

On Tuesday, **11 October**, the National Youth Science Forum in collaboration with various Rotary chapters from Gladstone, Calliope, Yeppoon and Biloela, held a formal dinner to celebrate the eight successful participants from the Central Queensland Region. In attendance were Ms Volp, Mrs Shahgholi, Mrs Crane, Mr Fisser, Mrs Botica and four students from Year 10 who showed an interest in possibly applying for the same forum next year.

The Gladstone area had five students chosen for the 12 day camp to be held in Canberra early next year. Of these students, both Abi Meehan and Aish Chandrasekara from Chanel will form part of this cohort as they experience everything that is Science at ANU. We wish both Abi and Aish everything of the best for the

forthcoming forum.

Mr Fisser







PUBLIC SPEAKING petitions

Chanel College Public Speaking Competitions

All students, families and staff are warmly invited to a fun couple of hours with a light, free supper and excellent entertainment! Come and support our Chanel College Public Speakers on the nights listed below.

Congratulations to ALL speakers - you are all CHAMPIONS!

Wendy Marsh - Chanel College Public Speaking Coordinator

Years 10, 11 and 12 Senior Chanel College Public Speaking Competition:

Tuesday 25 October starting at 6 pm in the College library.

Years 7, 8 and 9 Junior Chanel College Public Speaking Competition:

Wednesday 26 October starting at 6 pm in the College library.





The Chanel Life Savers do it again!

The Chanel Lifesavers saved 6 lives this week!
Our next donation is in 2

Australian Red Cross
BLOOD SERVICE

weeks so if you are 16 and over and have a heart of gold see Mrs Botica.

Learn another Language - Computer Coding

Have you ever wanted to learn a new language? Well what if I were to tell you that Chanel can offer you a course to learn a new language that doesn't just get you a head start for university but also allows you to make new friends along the way! Python coding is a dynamic, general-purpose programming language, that allows users to work quicker with the easy syntax readability.

Web and Internet Development, Scientific and Numeric Computing, Testing Micro Chips, Powering Social Media and Building Games are just a few of the things that learning Python can lead to.

Here at Chanel, myself and a small group of four, Year 12 students are currently involved in the school's Python Programming but we would like to expand, and hope to get more students involved in this amazing opportunity. Under the guidance of Mr Hodgson, we meet as a group in the new graphics room (old art block) at the start of first break every Tuesday (excluding exam week).

I would like to thank Mr Hodgson for teaching us how to use Python and taking time out of his lunch hour every Tuesday. Also a big thank you to Mr King for all the time he has spent getting Python running for us on the computers and Mrs Shahgholi for instigating the program.

Named after the comedy show Monty Python, you will sure have fun while learning one of the easiest but important coding languages.

by Abi Meehan Year 11 Student



Sporting news Kylie Kickbusch Sports Program Leader







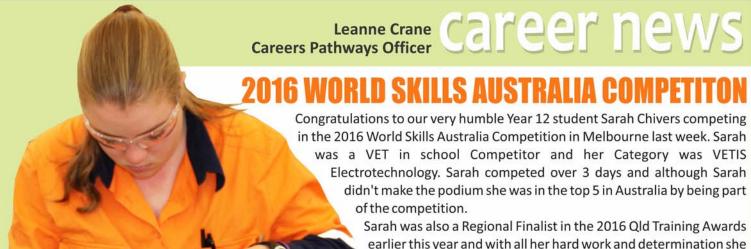


Interschool Touch Football

This week was round 2 of the interschool touch football competition. So far the chanel teams have had dominant performances over their opposition taking a leap out of the all schools touch teams and putting out some amazing touch skills and games. The year 7/8 girls have stamped their dominance by only allowing a couple of tries to be scored against them and notching up double figures themselves in both games. The year 7/8 boys have been just as dominant and showed their attacking flair each game. The well organised 9/10 boys have used speed and precision passing (usually with only 4 or 5 players on the field) to be top of their pool. Both the open boys and open girls have had 2 wins and have continued the form they showed at the all schools comp. They have showcased the many set moves

they have, the straight line goal defence to deny their opposition from scoring and through their superior rucking, the potent attack each team possesses. Good luck to all teams in round 3, especially our open teams as this will be their last week of games. Thank you to our team coaches Mrs Lisle (open boys), Miss Keys (7/8 girls), Mrs Herbert (open girls), Mr Rose (7/8 boys) and Miss Kickbusch (9/10 boys) for supporting and organising your teams each week. Go Chanel.





Sarah was also a Regional Finalist in the 2016 Qld Training Awards earlier this year and with all her hard work and determination she was also chosen to ride in the Moto-Trials in the Australian Women's Team and rode in three World rounds while overseas, two in Italy and one in France. Her best result was 32nd in the World, 3rd in Australia and won the Qld titles for Women earlier in the year. Well done Sarah on these outstanding achievements.

WORK EXPERIENCE OVER THE DECEMBER SCHOOL HOLIDAYS

Any Grade 10 or 11 students who would like to do Work Experience over the December school holidays must get applications to Mrs Crane by this **Friday the 21st of October.** This will allow enough time for placements to be sent back to the students before the holidays start.

Pictured is Teina Robinson attending work experience at Walz Construction over the September school holidays.

Please see Mrs Crane for more information if you are interested in any of the following Employment Opportunities.

- * Jay Jay's Casual Staff Emerald, Mackay, Gladstone and Rockhampton
- * Apprenticeships 2017 QUEENSLAND ALUMINA LIMITED

Apprenticeship - Electrical/Instrumentation

Apprenticeship - Fitting and Turning

Sarah Chivers

Important dates to remember for the QAL apprenticeships

Sunday 30 October 2016 - applications close

Sunday 13 November 2016 – Aptitude Testing (Conducted by Downing Teal at CQU)

Tuesday 6 December 2016 - Interview/Assessment Day

Monday 16 January 2017 - Start Date

Please go to the Queensland Alumina Website <u>www.qal.com.au</u> and the applications must be submitted from a PC to complete the survey and attach your supporting documentation.

- * Apprentice Locksmith Keycut Services Pty Ltd, Gladstone, Rockhampton and Emerald Send your resume to Lex McLeod Email: lex@keycut.com.au
- * Ergon Energy Electrical Apprenticeships Rockhampton and Mackay
- * 2017 APPRENTICESHIP PROGRAM CALLIDE MINE
 ANGLO AMERICAN COAL BUSINESS UNIT, BILOELA, QLD www.angloamerican.com.au
- * Defence Indigenous Development Program NEW indigenous.affairs@defence.gov.au
- * Commercial Cookery Apprenticeship Bundaberg NEW http://www.ecapprenticeships.com.au



BOOKHIRE NEWS NOTICE TO ALL YEAR 12 PARENTS

On Wednesday 19 October all Year 12 students will be given a list of all books they have on loan from the Bookhire Room. Attached to this list is an instruction sheet regarding what is expected of students during this week and also during Exam Week.

The following points are outlined in this instruction sheet:

- · When students receive their list they are requested to check their book numbers are correct and if there are any problems students are to see Mrs McAlister immediately.
- Any books not required for studying should be returned from Monday **7 November.** This will help with some of the last minute rush to return books and would certainly assist Bookhire Staff at this extremely busy time of the year.

During Exam Week:

It is the responsibility of the individual student to make sure he/she returns all outstanding text and class set books to the Bookhire Room after each exam is finished.

ALL outstanding/damaged books must be returned or paid for by MONDAY 21 NOVEMBER. Letters requesting payment of outstanding/damaged books will be forwarded to parents. The booklists given to students also indicate the cost of replacing outstanding/damaged books.

PLEASE NOTE: It is not good enough to simply return a book. It is important that students return the correct numbered book which was originally issued to that student. If a student returns another student's book then the book will automatically scan against the correct student's name.

As exams finish Friday 11 November ALL books should be returned by the end of that day. A final list of outstanding books will be placed in rolls on MONDAY 14 NOVEMBER.

It would be appreciated if parents could encourage students to be diligent with this task so that we can all have a happy ending to the students' final days at Chanel College.

Beth McAlister (Bookhire).

upcoming events Term 4

Week 3

Thur 20 October

 Years 7 - 12 Awards Night 6.30 pm Marian Centre

Week 4

Mon 24 October

• Student Representative Council Final Meeting & BBQ

Tue 25 October

Senior Public Speaking Competition

Wed 26 October

- Junior Public Speaking Competition
- Farewell to Year 12s in Pastoral Care

Fri 28 October

Senior Years & Middle Years Assemblies

Week 5

Mon 31 October

Year 12 Retreat

Tue 1 November

Year 12 Retreat

Wed 2 November & Thur 3 Nov

· Year 12 Retreat

Fri 4 November

- · Year 12 Retreat
- · CAFÉ CHANEL

Week 6

EAR 12 EXAM

Mon 14 November

Co-Curricular Awards Assembly

Wed 16 November

Year 12 Graduation Dinner

Thur 17 November

Year 12 Picnic

Fri 18 November

- · Year 12 Presentation Assembly 9.15 am
- · Year 12 Graduation Mass 1.00 pm

TERM 4 CONCLUDES FOR YR 12

Bus Fare Assistance

- Does your child attend a school outside the Brisbane City Council boundary?
- Does your family spend more than \$33/week* on fares to and from school (* \$25/week if you hold a concession card)?
- Does your child travel on a publicly available bus not owned or associated with the school?

STUDENT TRAVEL REBATES Semester 2, 2016

Visit our website to see if you qualify for financial assistance to help with the cost of transport and

apply at

www.schooltransport.com.au

by 31 October 2016 Late applications cannot be accepted.

Students with Disabilities

- Does your child have a verified disability that requires transport assistance to and from school?
- Has your school's learning support teacher assessed your child's travel capability rating as 'semi-independent' or more dependent?

Chanel College

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Student Absentee Hotline: 4973 4791